

Sir John Offley CE VC Primary School

'With God all things are possible.'

Curriculum Intent, Implementation and Impact

"PHYSICAL FITNESS IS NOT ONLY ONE OF THE MOST IMPORTANT KEYS TO A HEALTHY BODY. IT IS THE BASIS OF DYNAMIC AND CREATIVE INTELLECTUAL ACTIVITY." --JOHN F. KENNEDY

Intent

At Sir John Offley CE (VC) Primary School, we aim to develop pupils who will be physically active and can flourish in a range of different physical activities. We are proud of our sporting achievements, but within our school we also want to ensure that we focus on the whole child so that our children not only develop physically but also that we teach healthy lifestyle behaviours. For this reason, we now use 'Complete PE' within our school.

The aims of our PE curriculum are to develop pupils who:

- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance;
- Have and maintain high levels physical fitness;
- Lead a healthy lifestyle;
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others;
- Are able to improve their own and others' performance;
- Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport.

Implementation

- PE is taught using schemes of work from Complete PE to ensure that children are taught the appropriate skills and knowledge to become confident when physically active.
- PE is planned to sequence learning and to support the development of children.
- A sequence of lessons for each subject, which carefully plans for progression and depth.

Impact

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. In addition, we measure the impact of our curriculum through the following methods:

- Assessment;
- Pupil discussions about their learning.

Pupils at Sir John Offley CE VC Primary School enjoy PE lessons and make good progress across a wide range of skills and sports. We hope that all pupils leave our School with a lifelong love of PE and Sport.

Health and Safety in PE

Health and Safety requirements are followed and taken from the 'Safe practice in Physical Education and School Sport' handbook.

Jewellery- During any physical activity taking place, Children must remove all jewellery before the session starts.

Earrings- Children are not permitted to wear earrings during any physical activities. The removal of these is the responsibility of the child/ parent. **Plasters cannot be worn over earrings.**